

Tending Your Dreams with SoulCollage® - Teleclass 11.25.13

Dream Image: All I remember is that Natalie hands me /offers me/somehow puts forth a red line. It appears to be floating in a dark background. While I know that this red line is a "gift" from her, she is not present in the image of red line on black. It is clearly for my sake alone.

1. What image is here **now**? What--or who--holds the most energy? Wait for what comes forward, and ask its permission to be shared. You might want to include:

The image that is here now is a single red line against a black background. In this setting, nothing exists but this line and the blackness it is sitting on. My sense is that both the blackness and the red line on it are endless. If anything else is there, it is not apparent to me and so, is covered by the blackness. I know that Natalie has "given" me this line, but her presence is only a lingering one. She is not here now. Even I am not in this image, except to the extent that I am aware of the red line. At this moment, the mood seems rather neutral.

2. Describe the particularity of this image (its unique quality, its sensation, its distinct attributes, i.e. size, colors, shapes, markings, and other details).

The texture of the black background is no different than the texture of the red line. The color is a standard red-crayon primary red. It is rather narrow, though not a sliver. It is a straight line, smooth and uniform, without dimensionality. The line stands out only because of its color against the dark background. It has only enough substantiality to capture my attention, but not enough for me to make it into anything but just itself. That's it: it has an essence of being utterly itself, I can't project anything onto it. This is an elemental sense that it carries. In my mind's eye, the red line seems to be in the center of the darkness. Whether this is true if I expand the image one hundred-fold, or one thousand-fold, I don't know, but at least in this moment, it holds a central, primary place.

3. Use your senses of "hearing," "smelling," and "touching" to experience the image as an embodied presence. I am drawn into a deep silence when I sit with this image. There is nothing of the senses to grab onto. Rather, as if I am in space, I am simply drawn in to see and to know what lies within it.

4. How do you FEEL about this image?

I feel curious, a bit hungry to know why it has come to me—this nothing of an image that now feels like it has a life of its own.

5. Come up with 3 - 5 descriptive words about your image/dream (this will help to amplify the intention of the image).

Compelling, bright, interesting, fascinating in its sparseness.

6. What does this dream image seem to WANT from you?

Red line wants me to pay attention.

7. Does this image have a message for you?

"Come to me. Come inside of me. Taste me. Bring me inside of you. Find out why you NEED my redness."

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